



Girls Cross Country

Conference Champions - Brighton
 West Division Champions - Northville
 East Division Champions - Livonia Churchill

All - Conference Runners

| Grade | Name | Time | School | Coaches Comments |
|-------|-------------------|---------|------------|---|
| 10 | Lauren Kiley | 18:10.8 | Plymouth | Lauren is a very dedicated runner and very hard-working. She is one of the most coachable athletes I've ever worked with. |
| 11 | Olivia Millen | 18:30.9 | Salem | Olivia is a powerful athlete with terrific footspeed. Her love of competition, work ethic, passion and goal oriented personality make her one of the States best's. |
| 11 | Londyn Swenson | 18:34.3 | Plymouth | Londyn is a very dedicated and competitive runner. As a freshman, she moved into a top team scoring spot and works hard to stay there every practice. |
| 10 | Katie Carothers | 18:40.0 | Brighton | Katie is a student of the sport. She is only a sophomore yet acts like a senior. Once she sets her mind to a goal, she achieves it. Katie has been an awesome leader for our team. |
| 11 | Elizabeth Babcock | 18:44.0 | Novi | |
| 11 | Yasmine Mansi | 18:55.5 | Northville | Yasmine is very committed each and every day to be the best she can be. She has the competitive drive day in and day out and leads by example. |
| 10 | Marissa Henry | 18:58.9 | Salem | Marissa has been a determined, competitive and driven athlete since the day she started. Her athleticism along with her drive to be the best she can be has her in the KLAA's elite ranks. |
| 11 | Emily Gordon | 18:59.4 | Northville | Emily continues to improve each year and does not realize her potential yet once she does she will run with the best in the state. |
| 9 | Cara Newman | 19:03.2 | Canton | Cara has been an amazing addition to a strong group of girls. Her strong middle school experience has helped her transition to high school immensely. Her determination and drive will surely help propel her to become one of the best in the state. |
| 11 | Morgan Crompton | 19:03.2 | Brighton | As a junior, Morgan has the most experience on |

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| | | | | our young team and has been a tremendous leader to them. She works hard, without complaint, and has a quiet confidence that helps her excel. |
| 11 | Abbie Haupt | 19:08.9 | Churchill | Abbie has grown tremendously since her freshman year. Everyday she comes to practice and gives 110% effort and I can't wait to see her continue to flourish as we transition to the track season. |
| 11 | Keira Courtney | 19:19.4 | Northville | Keira has surged this year and has moved into the # 3 spot on the team, like Emily does not realize how talented she is or her total potential. |
| 9 | Amelia Kashlan | 19:24.6 | Brighton | Amelia was a strong runner in middle school but has really stepped up in high school. She is fierce on the race course and loves to compete. |
| 12 | Emily Esker | 19:31.7 | Franklin | |
| 9 | Amanda Simon | 19:35.4 | Brighton | Amanda had struggled with knee issues but is now back in full force. She is a natural runner and competitor. I cannot wait to see what she does next. |
| 12 | Sierra Greener | 19:38.6 | Churchill | Sierra is getting back to her "junior season self," one race at a time. Everytime she steps on the line she gets better and better. I just know that she is going to have an exceptional run at Regionals to give herself a shot to run at the MHSS State Finals! |
| 9 | Lexie Brown | 19:40.2 | Hartland | |
| 9 | Onivas Tupa | 19:43.7 | Northville | Oni is an amazing freshman who is very coachable and driven, she commits to the program and excels in it. She loves long runs over track and it shows in her performances. |
| 10 | Rachel Bullock | 19:45.6 | Dearborn | Rachel was our #1 runner last year and this year. She pushes herself every day. Her dedication and effort are outstanding. |
| 10 | Karly Lynch | 19:45.8 | Brighton | Karly ran her first race last spring in track and has taken to cross country like she's been doing it for years. She is very coachable and has a desire to improve with each race. |
| 9 | Mackenzie Wright | 19:45.9 | Howell | Mackenzie is an awesome freshmen who has been very coachable and determined. Every race, Coach Woll and I have told her who she is racing, and she does just that. Each race she has been improving and showing so much growth. |
| 10 | Gina Couyoumjian | 19:47.8 | Northville | Gina is another very coachable and dedicated runner, despite a nagging hip injury she gives her all each and every day. Each race I can count on her to pull the group through. |
| 11 | Arianna Ontko | 19:50.0 | Canton | Ari brings a ferocious and fearless attitude with her everyday. Her strong soccer background has helped with her success this season. Her competitiveness keeps her pushing to bring her |

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| | | | | best to every meet. |
| 10 | Jennie Line | 19:52.5 | Northville | Jennie is a very driven and focused and it shows each and every day at practice and races, we have not yet seen her potential as I think she has a ton more in the bank. |
| 10 | Hannah Tsiang | 19:53.8 | Brighton | Hannah is a dedicated and hard-working runner while dealing with constant foot pain. She is willing to cross train in addition to practice to keep up her fitness and be a solid contributor to our team. |
| 12 | Ashley deGuise | 20:00.0 | Franklin | |
| 11 | Paige Cristea | 20:04.9 | Plymouth | Paige is a dedicated, hard-working athlete. She not only works hard for herself but she gives so much of herself to her team as well. She is a leader and an integral part of this Wildcat XC team. |
| 11 | Lindsay Ripple | 20:07.6 | Plymouth | Lindsay is a passionate athlete. She sets challenging goals for herself and has high expectations. She earns her varsity spot every single day. |